



Discover new ways to manage your personal finances with **MoneyIQ's** workshop on:

Financial Intelligence

The world of personal finance is becoming increasingly complex. Many people find it difficult to manage their personal finances successfully. This workshop is designed to give you the confidence and capability to take charge of your personal finances. Those attending will learn about the key principles of financial decision making to enable them to build greater financial wellness.

Who should attend?

Anyone interested in finding new ways of increasing their financial life skills and reducing stress arising from the financial pressures of life.

What will you learn?

Participants on this workshop will be able to

- Quickly and accurately establish their individual net worth
- Identify their personal money-behaviour and learn how to develop positive habits that will lead to financial health
- Establish the impact of financial liabilities and the strategies to reduce them
- Explain the benefits of personal assets and how to build these over time

Approach

The workshop learning is based on a competitive board game that quickly illustrates the impact of daily financial decisions on personal financial well-being. Players use a simple *Personal Financial Statement* as part of the game, and the key financial principles and practices are brought out in an entertaining way.

The facilitator(s) use 'stop the action' interventions at key points in the game to highlight important points and draw out the behaviours and beliefs that limit our ability to take control of our financial affairs.

At the end of the workshop participants have an essential pack of material which includes:

- Blank personal financial statement
- Key principles of financial wellness
- References to further good sources of information

Optional one-to-one sessions

The facilitator(s) of this workshop will remain on-site to offer optional 30 – 40 minute 1:1 follow up sessions for participants after the workshop.

The sessions will enable individuals to explore:

- Personal financial situations and difficulties
- Personal planning and strategies
- Learn more about how particular aspects of this subject

PLEASE NOTE: the facilitator(s) are professional financial planners who are experienced in personal and business financial strategy. They will not give specific product based advice at these sessions, but can recommend, if asked, ways to obtain the correct advice that individuals need.

